

OCTOBER 2016

**P.O. BOX 14
100 KENSINGTON ROAD
CARROLLTON, OH 44615**

Phone: 330-627-7017

Phone: 330-627-7205

Fax: 330-627-7936

Email:

carrollcoseniorcenter@frontier.com

**CARROLL COUNTY
SENIOR CITIZENS FRIENDSHIP
CENTER**

OFFICE HOURS

Monday–Friday: 8:00 am–4:00 pm

STAFF

Sue Henderson, *Director*
DeeDee Miller, *Asst. Director*
Sherry Casper, *Data Entry, I&R*
Janice Nape, *Head Cook*
Sandy DeLong, *Asst. Cook*
Cheryl Moffatt, *Sherrodsville*
Danielle Titus, *Malvern*
Freda Luyster, *HDM Driver*
Patty Babe, *HDM Driver*
Jim Kiefer, *HDM Driver*
Lynette Henry, *HDM Driver*
Annette Welch, *Sub Driver*
Susan Anderson, *Sub Malvern*
Tom Barnett, *Sub Driver*
Julie Maple, *Sub Driver*
Jerri Rugani, *Kitchen*
Lisa Rinninger, *Maintenance*

VOLUNTEERS

Earl Cattrell
Bernard Yost

SATELLITE NUTRITION SITE

Malvern Nutrition Site

121 Wood St.
330-205-6654

Sherrodsville Nutrition Site

80 Hill Street
740-269-2200

**CONGRATS TO ANDREA LEGGETT ON
WINNING THE FRUIT BASKET AT THE
SHERRODSVILLE HOMECOMING.**

THE FULL MOON OF OCTOBER IS CALLED THE FULL HUNTER'S MOON OR THE FULL HARVEST MOON. ALSO KNOWN AS THE BLOOD MOON OR THE SANGUINE MOON. IT CAN BE SEEN ON OCTOBER 16th.

FREE COFFEE AND DONUTS AT SHERRODSVILLE AND MALVERN SITES DAILY FROM 9:00-10:00 AM.

SUNNYSLOPE NURSING HOME WILL BE DOING BINGO WITH **PRIZES..** AT SHERRODSVILLE SITE THE 3RD WEDNESDAY OF THE MONTH.

**SENIOR CITIZENS
FRIENDSHIP
CENTER**

www.carrollcountyohio.us/seniorcenter



**REMEMBER—WE ARE CLOSED ON MONDAY
OCTOBER 10, 2016 FOR COLUMBUS DAY.
BE SAFE AND ENJOY YOUR DAY!!**



CARROLL COUNTY COUNCIL ON AGING

The Carroll County Council on Aging meets the first Thursday of each month at 10:00 a.m. at The Friendship Center. The next meeting will be held **OCTOBER 6th.** These are open to the public and we encourage your participation. Current Officers are: President - Adele Miller, Vice President - Donna Walters, Secretary- Beulah Bland, Treasurer –Ruth Ann Tinlin, and 3 Trustees - Bernard Yost, Roberta Eckley and Ollie Scott.



LEGAL SERVICES

Funds are provided to pay up to \$250 per person per year for a wide variety of legal services from participating Carroll County attorneys.

CONGREGATE MEALS

A hot nutritious meal is served each day at the Senior Citizens' Friendship Center and our satellite sites in Malvern and Sherrodsville at 11:30 am. The Center's meals are no salt added and diabetic substitutes are available.

This meal gives seniors the opportunity to gather together and alleviate the loneliness of eating alone. It is very difficult for our nutrition coordinator to plan and prepare the meals each day without an accurate count, so Please call to make your reservation by 9:00 a.m.

and please call to cancel if unable to attend.

** Friendship Center
100 Kensington Rd. - call 330-627-7017

**Malvern Methodist Church
121 Wood St. -call 330-205-6654

** Sherrodsville Lions' Club
80 Hill St. -call 740-269-2200

Suggested donation is \$2.00 per meal,
\$3.00 per meal for Birthday Dinner.

INFORMATION & REFERRAL

This service provides specific information as to the particular agency to call regarding certain needs you may have. The Center will assist in making appointments and will follow up to ensure your needs have been met. Call 330-627-7017.

HEY!!- STOP BY OUR SHERRODSVILLE SITE AND MEET OUR NEW SITE MANAGER, CHERYL MOFFAT. ALSO ENJOY FREE COFFEE AND DONUTS FROM 9:00-10:00 AM. AND WHY NOT STAY FOR LUNCH WHILE YOU ARE THERE- CALL 740-269-2200 IF YOU HAVE AN QUESTIONS OR NEED TO MAKE A RESERVATION FOR LUNCH.

Why did the monster eat a light bulb? Because he was a little hungry and needed a light snack!

MALVERN AND SHERRODSVILLE SITES WILL BE AT THE FRIENDSHIP CENTER FOR FALL ROUND-UP

HOME DELIVERED MEALS

The same meal served at the Center is also available for Individuals or couples through our home-delivered meals program. Individuals must be 60 years of age or older, homebound, and a Carroll County resident. Frozen meals are also available for the weekend for those who want them. Regulations forbid leaving meals in a cooler, but they may be left in the refrigerator. Please communicate with your driver about this Issue. Suggested donation is \$2.00 payable to: "Friendship Center" or "Carroll County Council on Aging." Post-dated checks cannot be accepted .



BIRTHDAY DINNER/FALL ROUND-UP

Birthday Dinner will be held on Wednesday OCTOBER 19th. --BINGO WITH PRIZES WILL START AT 10: AM. THE CIVIC CLUB WILL BE COOKING LUNCH ON THEIR GRILL, Entertainment will be Provided by— HEALTH FAIR AND FARMERS MARKET. Please call to make a reservation to join us. Please remember that the suggested Donation for Birthday Dinner is \$3.

THANK YOU!!

- THANK YOU JOHN McLAIN FOR THE TOMATOES.
- THANK YOU HOOKED ON COUNTRY LINE DANCERS FOR BIRTHDAY DINNER DANCE.
- THANK YOU JANET McBRIDE FOR YOUR DECORATING IDEAS.
- THANK YOU FRANK NYE FOR THE PUZZLES.
- THANK YOU SUZANNE AND COMMUNITY HOSPICE FOR THE TAILGATE PARTY TREATS.

SUSAN FROM CARROLL HEALTH CARE WILL BE HERE ON WEDNESDAY OCTOBER 5th. FOR BINGO WITH PRIZES. COME AND ENJOY SOME FUN!!

OCTOBER EVENTS

- 1st-2nd.-ATWOOD FALL FESTIVAL 10-9 SAT. AND 10-5 SUN.
- 7th-9th.- ALGONQUIN MILL FALL FESTIVAL 9-5 DAILY.
- 16th-18th.- CARROLL COUNTY ANTIQUE TRACTOR SHOW AT THE FAIRGROUNDS 9-9.
- 29th- LOUDON TOWNSHIP TRUNK OR TREAT 6:00 PM. AT FIRE STATION.

When birds and badgers are fat in October, expect a cold winter. When berries are many in October beware a hard winter."



----FOR YOUR INFORMATION----

The Carroll County Council on Aging is a local, non-profit 501(C)(3), Senior services provider serving Carroll County senior citizens age sixty and older.

Due to a growing need for senior based services and programs, the Services provided include congregate meals, home delivered meals, transportation services and more. Public private tax deductible contributions greatly assist us in providing reliable quality services to senior citizens living throughout Carroll County. We are asking for your help in continuing our services and programs by making a donation in support of our mission of serving seniors. Growing expenses require us to share this reminder about how crucial your donations are and how they go directly toward the mission of serving our senior citizens. Together we can better serve aging adults living here in our very own community, helping those who once filled our farms and factories maintain an independent life in their own home as long as possible. Please remember the work of the Carroll County Council on Aging in all your giving, in the structure of your will, and when memorials are appropriated. Your gifts will aid and assist many and be appreciated for years to come by a senior population in need of a helping hand to remain independent and in their own home as long as possible.

*SOCIETY FOR EQUAL ACCESS
AT THE FRIENDSHIP CENTER
THE 2ND MONDAY OF EACH MONTH
FROM 9 AM- NOON
CALL 330-343-9292 FOR AN APPOINTMENT.*

THE CRAZY MESSIES IS AN ARTS AND CRAFTS SOCIAL ACTIVITY WHERE BEREAVED ADULTS CAN COME TOGETHER AND LET THEIR CREATIVE JUICES FLOW. THE GROUP MEETS AT THE FRIENDSHIP CENTER ON THE SECOND THURSDAY OF EVERY MONTH AT 10:00 AM. ACTIVITIES ARE PREPARED AND PRESENTED BY COMMUNITY HOSPICE'S VOLUNTEER, PATTI. WITH PROJECTS OFTEN BEING INFLUENCED FROM IDEAS SHARED BY GROUP'S MEMBERS. PLEASE CALL KELSIE AT 1-800-947-7284 TO RSVP. THURSDAY OCTOBER 13th. AT 10:00.

TRIVIA ANSWERS!!

1. THE GEMSTONE OF OCTOBER IS THE OPAL.
2. THE FLOWER FOR OCTOBER IS THE CALENDULA.
3. ON OCTOBER 1, 1908, FOR \$825.00 THE FIRST FORD MODEL T CAR WAS PUT ON THE MARKET.
4. OCTOBER 1, 1971 WALT DISNEY WORLD OPENED NEAR ORLANDO, FLORIDA.
5. ON OCTOBER 2, 1950 CHARLES SHULZ FIRST PUBLISHED PEANUTS.
6. OCTOBER 3, 1863, THE LAST THURSDAY OF NOVEMBER WAS DECLARED AS THANKSGIVING DAY BY PRESIDENT ABRAHAM LINCOLN.
7. ON OCTOBER 10, 1845 IN ANNAPOLIS MARYLAND, THE NAVAL SCHOOL OPENED.
8. OCTOBER 12, 1810 OKTOBERFEST BEGAN IN MUNICH, GERMANY.
9. OCTOBER 14, 1951 IS WHEN I LOVE LUCY PREMIERED ON CBS. IT WAS FILMED ON THREE CAMERAS, A TV FIRST.
10. OCTOBER 26, 1958 PAN AM AIRWAYS MADE THE FIRST COMMERCIAL FLIGHT OF THE BOEING 707 FROM NEW YORK CITY TO PARIS, FRANCE.



“RAIN IN OCTOBER MEANS WIND IN DECEMBER!”

SOCIAL SECURITY AND MEDICARE

The New Philadelphia Social Security Office is now located at 1260 Monroe St. Suite 1C and can be reached at -866-731-4236.

The Steubenville Office is located at 500 Market St on the 4th floor and the number is: 1-866-253-6889. 1-800-772-1213. The Medicare number is 1-800-633-4227.

GOLDEN BUCKEYE CARDS

Applications and temporary cards are available at the Senior Center. You must present proof of identity and age (60 or older). Suitable forms of ID include a driver's license or birth certificate.



CARROLL COUNTY BREAKFAST

COMMUNITY HOSPICE PARTNERS WITH THE CARROLL COUNTY AIRPORT RESTAURANT TO PROVIDE A SOCIAL ACTIVITY WHERE BEREAVED ADULTS COME TOGETHER TO ENJOY FOOD AND CONVERSATION. NINA PETERSON IS A TRAINED VOLUNTEER WHO FACILITATES THE GROUP. THE GROUP MEETS REGULARLY, ON THE SECOND TUESDAY OF EVERY MONTH AT 9:00 AM. PLEASE CALL NINA JEAN AT 330-679-2481 TO RSVP. NEXT MEETING OCTOBER 11th. 2016

+++++

PUMPKIN BREAD

Ingredients

- 3 1/4 cups all-purpose flour
- 3 cups white sugar
- 2 teaspoons baking soda
- 1 1/2 teaspoons salt
- 1 teaspoon ground nutmeg
- 1 teaspoon ground cinnamon
- 2 cups solid pack pumpkin puree
- 2/3 cup water
- 1 cup vegetable oil
- 4 eggs
- 1/2 cup chopped walnuts

Grease and flour three 7 x 3 inch pans. Preheat oven to 350 degrees F (175 degrees C). Measure flour, sugar, baking soda, salt, and spices into a large bowl. Stir to blend. Add pumpkin, water, vegetable oil, eggs, and nuts. Beat until well combined. Pour batter into prepared pans. Bake for approximately 1 hour.



THESE SERVICES ARE PROVIDED IN PART BY THE OHIO DEPARTMENT ON AGING THROUGH AREA AGENCY ON AGING REGION 9 AND CARROLL COUNTY.

FREE COFFEE & DONUTS

We offer free coffee and donuts each morning, M-F at 8 a.m. Please stop by for a bite to eat, some conversation and a look at the morning paper.

LINE DANCING

Line dancing classes are held each Wednesday at the Friendship Center. Beginners meet from 8-9 am. And intermediate to advanced dancers from 8-11 am. Please join Sue Frase and the dancers for a fun filled morning.

EXERCISE & TAI CHI

Exercise classes are held every Monday and Friday at 11 a.m. Tai Chi classes are held on Tuesday and Thursdays at 11 a.m. We hope that you will join in these classes which are led by Sue Henderson.

BRIDGE PLAYERS

Bridge players meet here each Wednesday at 12:30. Contact the Center at 330-627-7205 if you would like to join in.

MEDICAL TRANSPORTATION

Carroll County Transit is now providing all of our appointments. You must, however, still call the Friendship Center at 330-627-7017 to schedule your medical trips. We MUST have at least 72 hours to arrange your transportation. More notice is always better. Donations to offset costs are welcome and appreciated and may be given to the driver or to the Friendship Center

COMMUNITY HOSPICE WILL BE HERE ON THE FIRST THURSDAY OF EACH MONTH AFTER LUNCH FOR BINGO! COME AND ENJOY THE FUN!! OCTOBER 6th.

CHERI BELL WILL BE TEACHING

A FALL THEME STILLIFE PAINTING CLASS THURSDAY OCTOBER, 13 FROM 1-3.

RESERVATIONS NEEDED

UPCOMING— HOLIDAY PAINTING CLASSES WATCH NEWSLETTER FOR DATES AND TIMES!!

+++++



THINGS TO DO AT THE CENTER -LENDING LIBRARY

The Friendship Center has a nice selection of books and puzzles to help pass the time. Stop by, borrow what you'd like and return them when you are finished! Home Delivered Meal clients can just call in for further information. 330-627-7017.

BLOOD PRESSURE CHECKS

The Carroll County Visiting Nurses will be here Tuesday, OCTOBER 11th. at 11:00.



We now have BOOST product available , regular is \$26.00 a case, plus is \$28.00 a case.

Call for flavors , 27 POUCHES PER CASE

CARROLL COUNTY TRANSIT

IT IS YOUR RESPONSIBILITY TO NOTIFY TRANSIT IN ADVANCE IF YOU CANNOT KEEP YOU APPOINTMENT.

THERE IS A 24 HOUR ANSWERING MACHINE. YOU WILL BE CHARGED BY TRANSIT FOR THE COST OF A NO SHOW.



Carroll County Transit provides transportation in and around Carrollton and outside Carroll County. Routine stops include Discount Drug Mart, Monday and Wednesday at 12:00, Dollar General Market Thursday at 12:00, and Thorne's on Tuesday at 8:30 and 12:00. Transportation to the Senior Center is also available on a daily basis M-F. Other transportation services are also available. To take advantage of transit locally and out of town, please call hem at 330-627-1900.

BINGO

HERE ON WEDNESDAY OCTOBER 12th. JACKIE FROM COUNTRY CLUB RETIREMENT CAMPUS WILL BE HERE WITH PRIZES AND RESTAURANT GIFT CERTIFICATES. COME AND ENJOY!

SMILE VAN

THE SMILE VAN WILL BE IN OUR PARKING LOT THE THIRD FRIDAY OF THE MONTH FOR YOU TO VISIT

OCTOBER 21st.

FROM 9:30-2:00 CALL 330-627-7017 FOR AN APPOINTMENT.



SOMETHING NEW!!

A MATTER OF BALANCE CLASS AT THE FRIENDSHIP CENTER FROM 12:30-2:30 OCTOBER 4th, 11th, 18th, and 25th. NOVEMBER 1st, 15th. Call 740-435-4704 if you have any questions.

DID YOU KNOW—

MILES TRAVELED IN THEMONTH OF AUGUST-3645 MEALS SERVED IN THE MONTH OF AUGUST- 5112

CHAIR YOGA EVERY TUESDAY AND THURSDAY AT 9:00 AM.

The Ultimate Halloween Word Search



batwings
blackcat
bones
broom
caldron
coffin
costumes
creepy
crypt
dracula
frighten
frogeyes
ghosts
ghoul
goblins
grave
groans
halloween
haunted
hoot
howl
jackolantern

lizardfeet
moans
monster
moon
mummy
night
owl
potions
pumpkin
scary
screech
skeleton
spider
spirits
spooky
tombstone
trickortreat
vampire
webs
werewolf
witch
zombie

y f t i s p i d e r c r y p t m
i k r g h o u l h b t h g i n u
n s p o o k y s s t i r i p s m
h n g b g n i k p m u p n o o m
c a g l w e r e w o l f o t x y
r o n i z z y l t i j g r i b v
e m e n c s b e w a a i d o d a
e o t s e m u t s o c j l n r m
p n h n b r o o m k k k a s a p
y i g a w m p n o t o w c h c i
r f i o l i o r s a l x a a u r
a f r r q l t n s e a u j e l e
c o f g z r o c s g n i w t a b
s c r e e c h w h t t o o h r u
l i z a r d f e e t e i b m o z
z s t s o h g d h e r r h o w l
t p g t o m b s t o n e v a r g



©1998 The Kid's Domain www.kidsdomain.com
free for non-profit use

TRIVIA, TRIVIA, TRIVIA!!



1. WHAT IS THE GEMSTONE OF OCTOBER?
2. THE FLOWER OF OCTOBER IS WHAT?
3. WHEN WAS THE FIRST MODEL T PUT ON THE MARKET?
4. WHEN DID WALT DISNEY WORLD OPEN?
5. WHEN WAS PEANUTS FIRST PUBLISHED?
6. WHO DECLARED THANKSGIVING DAY?
7. WHEN WAS THE NAVAL SCHOOL OPENED?
8. WHEN DID OKTOBERFEST BEGIN IN GERMANY?
9. WHEN DID I LOVE LUCY PREMIER?
10. WHEN AND WHERE DID PAN AM AIRLINES MAKE IT'S FIRST COMMERCIAL FLIGHT?

NO PEEKING!!!

(FOR ANSWERS TO TRIVIA QUESTIONS GO TO PAGE 3)